COMMUNICATION WITH COACHES: Coaches and parents must work together and are expected to communicate with mutual respect. Any concerns should be directed to your child’s head coach only. We ask that you please reserve any conversations with the head coach to before or after practice unless an urgent situation needs immediate attention. We ask that you keep the head coach informed of problems that may be going on with your child such as if they have been sick, have an injury, taking medication or going through some emotional trauma.

DISCIPLINARY ACTIONS: On few occasions it is necessary to discipline for minor infractions such as being disrespectful to peers or coaches, failure to pay attention or anything that a coach deems punishable. Your child may be asked to do extra exercises above and beyond the required daily preformed exercise such as run laps, push-ups, up downs, run hills or other exercises. In the case of more severe incidents your child could be asked to leave practice immediately and/or game suspensions and/or up to removal from the team.

STAY WITH YOUR CHILD: All of your coaches, team mom/dads and administrators are here voluntarily and have lives beyond the park. Please be considerate of these volunteers as they are not babysitters. It is your responsibility to stay with your child during practices and games. There is generally a set schedule for practices and games but weather and unforeseen circumstance can change this at a moment’s notice and/or in the event that there is an emergency involving your child; if you are there you do not have to be tracked down.

NO GRILLING: The bringing and use of personal grills is prohibited before/during practice and games.

FUNDRAISING AND LOGO: All fundraising and use of the Cougars logo must be approved by the board. Failure to do so will result in disciplinary action.

THE BOARD: All general board meetings are open to the public. The dates and locations are located on www.tamaracfootball.com if you are interested in becoming a board member; refer to the Bylaws also located online for the necessary requirements. Nominations are in November and the elections in December.

Following all rules and code of conduct are very important to running this program effectively and efficiently. We set the example for our children so lead by example by working together, respecting one another and showing responsibility.

A heated discussion has no place in front of the children and will not be tolerated. If you feel that you have brought a matter to your head coach and it is not being resolved please see one of the board members who will then have the appropriate person to handle your matter contact you.